

Davis-Monthan Air Force Base, Ariz.

Friday, Jan. 10, 2003



Griselda Trujillo, Nogales Border Patrol explorer, simulates taking Airman 1st Class Daniel Belk, 755th Aerospace Maintenance Squadron, into custody on a C-130 here. The Nogales Border Patrol Explorers are made up of local 14 to 21 year old youths who are interested in a career in law enforcement. The Nogales Border

Patrol Explorers are training for the Law Enforcement Explorer Tactical Competition being hosted in Chandler, Ariz., Jan. 17 through 19. One of the events being held this year will be a simulated assault of a C-130 transporting known hostages.

## **TriWest members beware**

## Sensitive materials taken; offices in Phoenix suffer loss

**By Tech. Sgt. B. Coors-Davidson** *355th Wing Public Affairs* 

Most Davis-Monthan Air Force Base members and their families are in danger of having their identity stolen after the recent theft of personal data from TriWest headquarters in Phoenix.

The TriWest office was burglarized Dec. 14 and computer equipment was stolen.

The equipment contains confidential and personal files of more than 500,000 military, retiree and family members including their names, addresses and Social Security numbers. In some cases, credit card numbers were in-

cluded in the compromised information.

"The identity of those who committed this crime and the motives behind the crime are not known. While information has been compromised, we do not have any indication that anyone's personal information has been or will be misused," said Dave McIntyre, president and chief executive officer of TriWest Healthcare Alliance. "The very possibility, however, that it could be misused calls for action on our part to educate our customers with information that will allow them to take steps to protect themselves."

TriWest serves the Department of Defense in meeting the health care needs of more than

1.1 million military members including active duty, retirees and their families in 16 states, including Arizona, Colorado, Idaho, Iowa, Kansas, Minnesota, Missouri, Montana, Nebraska, North Dakota, South Dakota, Utah, Wyoming, New Mexico, Nevada and a small portion of Western Texas.

The case is being investigated by the Phoenix Police, Defense Criminal Investigative Service and the FBI.

"We have provided information and will continue to provide regular updates to base commanders, military treatment facility com-

- See *TriWest*, Page 7

Supporting each other and working together to provide the best programs and services is a goal for all D-M people.

Ideas, suggestions, com-ments, concerns and kudos are important to make improvements.

The best way to pass along a comment or to get an answer to a concern is to contact the agency chief or functional managers listed here. Still no solution? The Commander's Corner phone line is 228-4747. An e-mail can also be sent to: 355th Wing.CommandersCorner@dm.af.mil.

Callers must leave their name, phone number and a message. They will receive a prompt reply in writing or by telephone. We will honor caller



confidentiality, but sometimes we need to contact callers to gather additional information. If a concern is of general interest to the base populace, the response may be published in the *Desert Airman*. Anonymous calls may not be published.

#### Agency numbers

	_	-
AAFES Agencies	22	8-390
Accounting and Finance	22	8-496
Chaplain	22	8-541
Civil Engineering	22	8-340
Clinic	22	8-293
Commissary	22	8-311
Family Support	22	8-569
Fitness and Sports Center	22	8-002
Haeffner Fitness Center	22	8-3714
Housing Office	22	R-3687

Inspector General	228-3558
Legal	228-6432
Lodging	228-4845
Military and Civilian Equal	
Opportunity Office	228-5509
Military Personnel	228-5689
Public Affairs	228-3204
Security Forces	228-6178
Services	228-5596
Transportation	228-3584

#### **Commissary restrooms**

Concern: Does the commissary have hourly checks of the rest rooms? There is only one roll of toilet paper and that is about gone. There are two towel dispensers but only one is working, and there are a whole lot of drips around the toilet. I would complain to a manager but you can never find one. It seems to me they could work it out so there is a manager in the office at all times; they can rotate on and off. Thank you.

Response: Thank you for giving us an opportunity to address your concerns. The commissary rest rooms are cleaned by a contractor every two hours or as needed. However, if you feel that cleaning is required, we would appreciate patron's help by letting an employee know that the rest room needs attention. Also, if at any time you are in need of a manager and do not see one, please ask any employee so that they can call one for you.

#### **Split tree**

**Concern:** I live in base housing near Lowell Smith Elementary. I have a tree in the backyard that grows oranges. Recently some strong winds split this tree in half and it has been leaning on the house every day since. My wife and I made several calls to base maintenance and left several messages. We were told there were many trees down in the area, and that trees are being removed on a priority basis. How come when it comes to cutting the grass, I'm told that I live in a very-important-person area and it must be cut in a timely matter, but I can't even get a broken tree removed out of my yard.

**Response:** Thank you for your call. I apologize for the delay you encountered in getting your request to the proper office to assist you. We blew it! We have some new personnel at housing maintenance that have now been informed of the proper procedures when calls are received which should be directed to the housing office for ground maintenance. After the storm a priority list was established for tree removal, trimming and removal of branches after the storm. Due to the extensive damage, it took quite a bit of time to get to all the houses. In the future, if you have any questions about housing, call Ruby Modica, housing manager, at 228-4264.

#### **Team D-M Mission Spotlight**



Staff Sgt. Lanie McNea

The 355th Equipment Maintenance Squadron C-130 Isochronal Shop is responsible for the in-depth minor and major inspections of Davis-Monthan Air Force Base's C-130 squadrons. Once they receive an aircraft for an inspection it is pulled into their hangar and prepped for an isochronal inspection. The isochronal inspection involves a multi-phase process including inspection, correction, lubrication and a scrupulous search for foreign object debris.

After the C-130 leaves the hangar, the isochronal engine-run crew starts the engines to ensure smooth operation before the aircraft is returned to its squadron.

(Left) Tech. Sgt. Wade Rasmussen, 355th EMS isochronal inspection coordinator pushes the throttle of a C-130 to max power during an engine test run.



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## Air Force Contact Center adds new online self-service support

hese new features will be especially help-

ful in times of high de-

ployments and ops tempo

where people don't have

the time or opportunity to

- Maj. Alessandra Stokstad

Air Force Contact Center chief

go to their [military per-

sonnel flight] for help."

## Help with personnel issues now available online

People can now get real-time help with personnel issues online, from anywhere in the world, thanks to new Web features offered by the Air Force Contact Center at Randolph Air Force Base, Texas.

The online features, found at the Air Force Personnel Center home page at <a href="www.afpc.randolph.af.mil">www.afpc.randolph.af.mil</a> by clicking the "contact center" button, let users view a database of frequently

asked questions, chat online with a customer service representative or submit queries via email.

Answers to questions about personnel information, pay, assignments, benefits, employment and more are easily accessible for Air Force active-duty members, retirees, civilians and dependents. Limited services are also available for guard and reserve members. In addition, agents can be reached toll-free at (866) 229-7074, for those

customers who prefer to speak to someone directly.

"Our goal at the contact center is to help people by providing a proactive approach to online customer support," said Maj. Alessandra Stokstad, chief of the Air Force Contact Center. "Air Force people can search our ever-expanding database anytime or chat live with a customer service representative, 6 a.m. to 6 p.m. central time, Mondays through Fridays. Features like this are a convenience in more than one way.

"These new features will be especially helpful in times of high deployments and ops tempo where people don't have the time or opportunity to go to their [military personnel flight] for help," said Stokstad. This system is much more practical because of online-chat opportunities alone.

"Online chat is a very convenient means of communication," said Master Sgt. Dave

Melnick, Air Force Contact Center systems manager. "Customer service agents are here to answer questions that can't be found in our [frequently asked questions] database."

First-time users of the contact center online are asked to create an account which will allow customer service representatives to know who they are assisting and help speed the process.

Customers can also send questions to the help desk through the

"Ask-A-Question" e-mail feature, said Melnick. People who submit questions to the contact center usually receive a response within two days.

"We foresee the contact center becoming a key customer service tool for the total force," said Stokstad. (*Courtesy of Air Force Person*nel Center)

112 airmen total were saved from the consequences of driving under the influence by the Airmen Against Drunk Driving Program in the year of 2002. A total of 15 have been saved so far this year.

Call AADD at **850-2233** 

10 p.m. to 5 a.m. Fridays and Saturdays and 4 p.m. to midnight Sundays for a ride.

#### **Emergency Numbers**

$\smile$			
Ambulance	911	Mortuary Officer	228-5964 or 4414
Casualty Assistance	228-3686	(After duty hours)	228-3121
(After duty hours)			
Duty Chaplain	228-5411	355th Security Forces Ca	rime Stop228-4444
(After duty hours)			
Fire Reporting	911	(After duty hours)	909-0316
Public Affairs			
(After duty hours)	228-7400	TIPS Line	228-TIPS (8477)

#### **News Notes**

#### **Commentary credit correction**

Credit for the commentary: "Honor and integrity absent" published in the Dec. 20 issue of the *Desert Airman*, Page 9, belongs to Chief Master Sgt. Thomas Buchanan, 355th Supply Squadron.

#### **Estate claims**

Any person having claims against the estate of Airman Ryan Lodding, deceased, 355th Component Maintenance Squadron, should contact 1st Lt. Paul Schwennesen, summary court officer at 228-3680.

#### Vehicle registration reminder

All personnel are reminded that vehicles with expired decals will not be allowed onto the installation. Vehicle registration can be accomplished at the visitors center on Craycroft Road adjacent to the main gate Mondays through Fridays 6 a.m. to 10 p.m., Saturdays and Sundays, 7 a.m. to 10 p.m. and at pass and registration in Building 3200 Mondays through Fridays 8 a.m. to 4 p.m. For more information, call 228-3224.

#### Wing escorts needed

A key to D-M's success is the quality of people selected as a wing escort during an inspection. Qualifications for escorts are: grade of E-5 or higher, 18 months retainability at D-M, integrity and willingness to work long hours on an inspection. For more information, call 228-4047.

#### **Executive officer slot**

The 355th Maintenance Group is looking for a lieutenant or captain to take their executive officer position. Today is the last day for interviews. Submit names of those interested or questions to 1st Lt. Rachel Bryant at 228-4770.

#### Christmas tree recycling

Christmas tree recycling is available at the base recycling center until Jan. 17. Trees must be in designated areas and free of all decorations. For more information, call Joe Uremovich at 228-2296.

#### Family support center opening

The D-M Family Support Center is accepting applications for the position of the family support NCO. This position is a three-year controlled tour, special duty assignment for a technical sergeant and a reporting date as early as Jan. 31. Application packages should be submitted to the family support center no later than Jan. 18. For more information, call William Eptrecht at 228-5690.

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## **New IDs to** bring D-M deeper into digital age

#### By Staff Sgt. Russell Wicke

355th Wing Public Affairs

The Air Force's new Common Access Card will be available for issue to active-duty military members at Davis-Monthan Air Force Base Jan. 30.

The CAC, designed to replace the military identification cards, will launch the military deeper into the digital age with its 32-kilobyte memory chip, magnetic strip and bar code that will be used for digital signatures, e-mail authorization and, eventually, building access.

Though this 'smart card' will be available Jan. 30, mass issuance isn't expected until mid-June, said 2nd Lt. Crystal Schuh, 355th Mission Support Squadron chief of customer service.

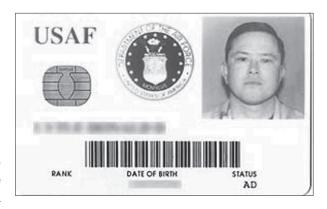
"We expect [all active-duty] here at D-M to be carrying this card by October 2003," said Schuh, "but we may have to push that date back." When mass issuance begins, Schuh said each squadron will have a time window of days for members to get their CAC. Although it takes a little longer to get a CAC than an old ID card, the time it does take is fairly minimal.

According to the Navy Temporary Issuance Site Daily Composite Report, the average time it takes to issue an individual a CAC is 12 minutes. However, times will vary from five to 25 minutes.

transitioning to the CAC, this smart card is expected to have a big return on time investment. According to Schuh, these cards will eliminate hours of paper work for deployments. The microchip stores more than 30 separate pieces of information about the individual it represents. Schuh believes the card will be capable of holding more information as technology progre-

According to the CAC Web site at www.dmdc.osd.mil/smartcard /owa/ShowPage? p=index, only individuals who have authorization to perform normal identification processes and run CAC applications have access to the information on your CAC. For example, if your card contains dental information, only someone who has an authorized application can access the data in your dental file.

"They also offer more security Despite the minor bother of when sending e-mails," said



A look at the new Defense Department common access card. With a 32 kilobyte embedded computer chip, magnetic strip and two bar codes, the "Smart Card" will eventually replace the standard military identification card.

> Schuh. "Along with the card, members will be given PINs to be used in conjunction with the card to eliminate the security hazard of a lost card."

> For more information on the CAC, visit the Web site listed above or call Schuh at 228-4478.

## It's your money

For more information about this year's pay charts visit the Air Force Link Web site at www.af.mil/careers and click on "Pay Chart"

2003 housing rates for Davis-Monthan Air Force Base

Rank	With dependants	Increase	Without dependants	Increase
E-1	\$799	\$80	\$558	\$20
E-2	\$799	\$80	\$558	\$20
E-3	\$799	\$80	\$558	\$20
E-4	\$799	\$80	\$558	\$20
E-5	\$889	\$104	\$660	\$44
E-6	\$1037	\$151	\$722	\$60
E-7	\$1070	\$130	\$805	\$81
E-8	\$1107	\$109	\$918	\$113
E-9	\$1174	\$108	\$964	\$128
01-E	\$1077	\$126	\$889	\$104
02-E	\$1123	\$99	\$954	\$125
03-E	\$1202	\$117	\$1037	\$151
0-1	\$905	\$109	\$710	\$57
0-2	\$1034	\$150	\$858	\$106
0-3	\$1127	\$95	\$984	\$134
0-4	\$1292	\$144	\$1074	\$129
0-5	\$1408	\$179	\$1096	\$115
0-6	\$1420	\$181	\$1129	\$94
0-7+	\$1436	\$183	\$1152	\$96

## NCOs display Christmas spirit by assisting veterans

**By Senior Airman Troy Hawkes** 

355th Wing Public Affairs

The 355th Wing Top 3, 12th Air Force Top 3, the Chief's Group, the First Sergeants Association, 12th Air Force chiefs and the Air Force Sergeants Association helped brighten the holidays for hospitalized veterans by delivering care packages and hosting a party Dec. 28.

"The veterans association came up with the idea of having a party for all the veterans hospitalized over the holidays and I was asked to head up the project," said Master Sgt. Richard Goldman, D-M Top 3 president.

"We began by soliciting gifts; namely tube socks, knit watch caps, baseball hats, AM/FM radios, hand-held electronic games, candy, lap blankets, toiletries, new or used books and crossword puzzles or word search books.

"The entire D-M community; active duty, retirees and civilians responded in force. It was amazing how willing everyone was to help those unable to be with their loved ones over the holidays."

Goldman said they collected almost everything they needed the first day. The remainder of the week was used to target the items they were short on. By the end of the week, they had everything they needed.

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A group of NCOs, first sergeants and chief master sergeants from Davis-Monthan put together items for hospitalized veterans during the holidays. These packages were delivered Dec. 28. From left to right: Master Sgt. Starla Owens, 355th Wing; Master Sgt.Tereca Dye, 12th Air Force; Master Sqt. Rudy Pino, 12th Air Force; and Tech. Sgt. Stephen Scheidt, 12th Air Force work together to prepare packages for Tucson veterans.

#### Veterans

Continued from Page 4

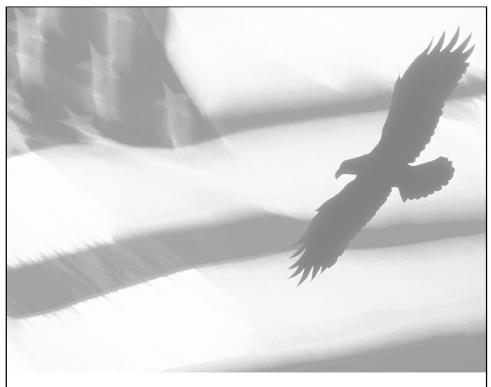
"[The Army Air Force Exchange Service], with limited space due to vendors over the holidays, supported us with a place to collect everything. Williams and Associates also deserves special mention. They provided us with the baseball caps at a reduced rate and expe-

dited the shipment to make sure we had them in time for the party. But most of all, I would like to thank team D-M for all their support. Without it, we could not have taken on such a large project. Thanks to their hard work, we collected more than \$5,000 worth of donations.

"We made over 170 packages. Saturday, December 28, we went to the hospital to hand out the packages. Most of the patients were assembled in the auditorium for an afternoon of

food, entertainment and presents. For those patients unable to attend, we personally delivered their packages and wished them a happy holiday season.

"It's hard to describe the looks on the patients' faces. They made it all worthwhile. Being that Christmas is the season for giving, we were able to give them something more important than the presents. We let them know they had not been forgotten."



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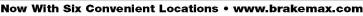
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### **TriWest**

Continued from Page 1

manders and service leadership," said Dr. William Winkenwerder, Assistant Secretary of Defense. "We have also sent a healthcare information technology team to review TriWest security procedures and to make suggestions for improvements. Additionally, we have advised our other TRICARE contractors to immediately review their security measures and take appropriate actions to ensure protection of our beneficiaries' information. This incident is a serious matter; personal information and records security are prime concerns for the Military Health System."

TriWest beneficiaries who have received a

notification letter that their information was included on computer equipment stolen should contact each of the three major credit bureaus to place a fraud alert on their credit file and to get a credit report. These reports are free.

The Defense Department, after learning of the theft from TriWest Dec. 20, began working with them to ensure uninterrupted delivery of medical benefits in the wake of the breakin. As more information is known about the theft, the department will ensure that TriWest will be in touch with affected beneficiaries.

TriWest is posting a \$100,000 reward in an effort to help federal investigators obtain information leading to the arrest and prosecution of those responsible for the crime.

"We are working to keep our customers in-

formed by contacting the potentially affected individuals or families by mail, as well as building an e-mail system, a Web-site and a call center to provide information and answer questions about this issue and the safeguards they can take to protect themselves," McIntyre said.

Anyone who has information that may be helpful to this case, should contact Silent Witness at 1-800-343-TIPS. The Department of Defense Hot Line number is 1-800-424-9098.

TriWest has established an e-mail address, <u>computertheft@triwest.com</u>, that offers an immediate response with detailed information to assist beneficiaries; they also set up a toll-free telephone number, 1-888-339-9378, that beneficiaries may use to gain information.

#### The three major credit bureaus to be contacted for fraud alerts are listed below

Anyone who discovers that they are a victim of identity theft should:

First, close or suspend any accounts that have been tampered with or opened fraudulently.

Second, file a police report with the police in the community where the identity theft took place. Get a copy of the report.

Third, file a complaint with the Federal Trade Commission. To file a complaint, go to <u>www.consumer.gov/military</u> and select the appropriate branch of the military or call the FTC identity theft hotline at (877) 438-4338).

The fraud alert is effective for 90 days after notification. The credit reporting agencies are:

#### **♦** Equifax:

www.equifax.com Consumer Fraud Division P.O. Box 105069 Atlanta, GA 30348 (800) 525-6285

#### **♦** TransUnion:

www.transunion.com
Fraud Victim Assistance Department

P.O. Box 6790 Fullerton, CA 92834 (800) 680-7289

#### ♦ Experian:

www.experian.com
Experian's National Consumer
Assistance
P.O. Box 1017
Allen, TX 75013
(888) 397-3742



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## Chief Master Sergeant of the Air Force Gerald Murray praises, advises enlisted force capabilities

By Chief Master Sgt. of the **Air Force Gerald Murray** 

To the members of the best enlisted force in the world:

My first few months as the chief master sergeant of the Air Force have been busy. challenging and rewarding. What an exciting time to serve our nation. The best part of this job is getting out and seeing the great things our people are accomplishing. I'm always amazed by your selfless dedication and ceaseless efforts, and I brag about you to whoever will listen.

But while we have accomplished great things, new challenges are continually on the horizon. I want to talk for a moment about some of those challenges and how I believe

the enlisted corps can propel our Air Force through them.

It should be apparent to all of us that the high operations tempo is not going away any time soon. Our end strength numbers appear to be steady for the near future, and our commitments around the world continue to

See *Enlisted*, Page 9

#### **Final Answer**

2nd Lt. Robin Smith 355th Comptroller Squadron

"I watch Disney because that's what my daughter likes."



Staff Sgt. Brandi Dahl 355th Wing **Command Post** 

"None. There are not any shows that are more important than family, study, or "me" time ... except Big Brother when in season. All that gossip and hormone craziness, who would miss it?"



**Airman 1st Class Justin Hall** 612th Combat Operations Squadron

"I love Mork and Mindy, when Robin Williams breaks through the big egg at the beginning just cracks me up every time I see it. Nanu! Nanu!"



Staff Sgt. **Peter Vaiasuso** 355th Component Maintenance Squadron

"Gilligan's Island, because I'm waiting to see how they are going to get off the island."



What TV show do you refuse to miss and why?

Col. William George 355th Wing Inspector General

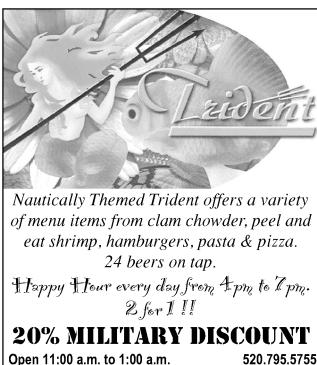
"Star Trek Enterprise, because it reminds me of when I was a young captain in charge of a B-52 crew - the most exciting years of my Air Force career."



Staff Sgt. Dianna **Patterson-Williams** 355th Contracting Sauadron

"Smallville. The early years of Superman have never been told with the mytho's of the original comic books. It shows really great family values."





2033 E. SPEEDWAY, STE. 101



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## **Enlisted**

Continued from Page 8

grow. Those are the realities.

Senior leadership knows how hard you're working, and we're refining the air expeditionary force process each cycle to give you and your families the most predictability possible in the world in which we operate. We're working quality of life issues to give you the best benefits and pay you deserve for your hard work. You are our first priority.

The rest is up to you.

I believe it is the enlisted force that will shape the way the Air Force meets the challenges of this century. Of the approximately 364,000 people in our active duty Air Force, about 293,000 proudly wear stripes on their sleeves.

Add to that the Air National Guard enlisted—approximately 98,000, and another 59,000 in the Reserve, and the enlisted force makes up a large part of our total force team. We need each and every one of those people operating at their maximum effectiveness to

believe it is the enlisted

lenges of this century ... The one

constant will be our nation's reliance

on you to make the mission happen

every day."

the Air force meets the chal-

force that will shape the way

- Chief Master Sgt. of the Air Force

meet and exceed the demands on our force.

What does that mean to you?

Airmen—we need your enthusiasm, energy and technological expertise focused on the mission everyday.

Remember that being a good follower is

a prerequisite to being a good leader. Be proud of what you do and the contributions you're making to keep our nation free.

Gerald Murray

**Junior NCOs**—You are our front-line supervisors. We are depending on you to shape airmen and to give them the tools and training they need.

Get back to the basics of face-to-face leadership. No one knows your people like you do.

Train them, care about them, hold them accountable, reward them, then sit back and watch them soar.

Senior NCOs—You've been around the block. Take that experience and focus it downward toward your people. Move obstacles that keep them from efficiency. Listen to their fresh ideas and be their advocate. Make those that come behind you better senior NCOs than you and I are today.

Remember that the most important job you will ever have is the one you hold right now.

Guard and Reserve forces—Your contribution to our mission is critical. As you continue to stand shoulder-to-shoulder with your active duty counterparts, know that a grateful nation recognizes and appreciates what you are doing for our country.

**To all of you—**The role of the enlisted force is more important now than ever. Our Air Force will continue to evolve and transform. New technologies and more joint operations are on the horizon.

The one constant will be our nation's reliance on you to make the mission happen every day.

Thank you for what you're doing for our Air Force, and this great nation.





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## "Up here,

they depend on me.

For auto insurance,
I depend on USAA".

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**Desert Airman** 





## **Sonoran Spotlight**

(Editor's note: Sonoran Spotlight is a weekly feature of the Desert Airman that profiles a member (officer, enlisted or civilian) of the Davis-Monthan Air Force Base Desert Lightning community. Members are nominated by their unit commander or first sergeant.)

Name: Airman 1st Class Erika Nissen
Organization: 355th Transportation Squadron
Duty title: Maintenance control and analysis

technician

**Hometown:** Phoenix **Years of service:** Two

Reason for joining the Air Force: To be able to go

to college and travel the world

**Main responsibilities:** I control the workload in vehicle maintenance. I schedule maintenance in the shop for lube, oil and filter. I handle govern-

ment owned vehicle accidents and make sure the paperwork gets done and the vehicle gets fixed. **Best aspects of job:** The people I work with **Goals:** To work as a computer engineer

Hobbies/outside activities: Hiking, rock climb-

ing and shopping

**Favorite thing about D-M:** The weather

Best Assignment: Davis-Monthan, being my only

assignment

**Inspiration:** Mr. Scott because he's straightforward

and tells you how it is.

## 355 CPTS airman best in ACC

Senior Airman Nichole Jeffcoat, 355th Comptroller Squadron financial services apprentice, was selected as the Air Combat Command Financial Management and Comptroller airman of the year. She competed against 20 other nominees in a career field of more than 150 ACC candidates and was selected as the best based on her superior job performance. Congratulations.



Lynn Bullard

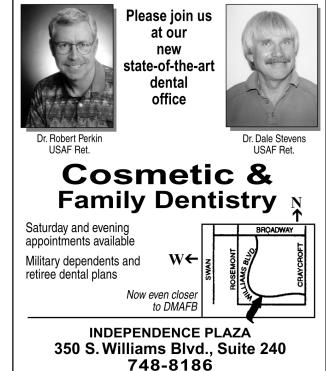
## Father may I

Retired Army Maj. William Campbell, a former helicopter pilot, re-enlists his daughters Staff Sgt. Dawn Tieman, a medical readiness instructor at Sheppard Air Force Base, and Staff Sgt. Bonnie Turner, NCO in charge of the life skills support center at Davis-Monthan AFB in a ceremony held Dec. 18 at Sheppard.

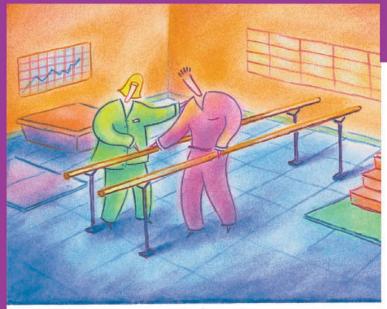
(Editor's note: "Integrity, Service, Excellence" is a forum for all D-M units to submit the names of their people who have earned recognition through monthly and quarterly awards, graduation from formal training and outstanding Career Development Scores. Submissions must include name, rank, unit and type of award earned. "Integrity, Service, Excellence" is not a forum to announce retirements, decorations, obituaries and awards from civilian organizations. Individual and unit awards from command level and higher may be covered as a news story space permitting. Contributions can be made directly to the 355th Wing Public Affairs Office, Building 2300, Suite 2054, or through e-mail to desert.airman@dm.af.mil.)

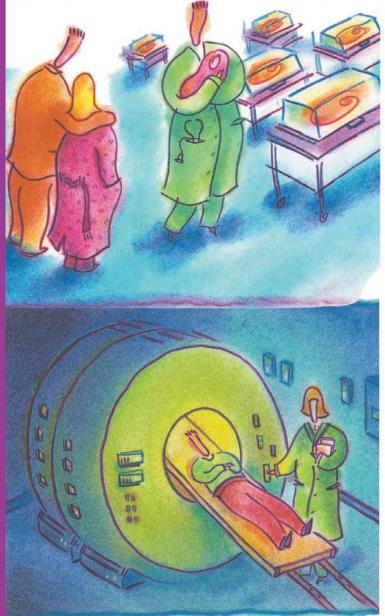


WITH THIS AD











## A CARONDELET HEALTH TIP

### Watch Your Step

by John P. Powers, DPM, Podiatric Surgery

Every day your feet endure roughly 8-10,000 steps. Many women endure those steps in high heels. This is the primary reason women have, according to the American Podiatric Medical Association (APMA), about four times as many foot problems as men.

High heels may be a major problem for women, but they aren't the only problem. Pregnancy and age are just some of the factors which play a role in foot health.

The APMA determined that high heels — pumps with heels of more than two inches – are biomechanically and orthopedically unsound. High heels may contribute to a variety of foot problems including knee and back problems, injuries resulting from falls, shortened calf muscles, and an unnatural gait.

If you're a slave to fashion you can alleviate some of the high heel damage. Limit the time you wear high heels by alternating with more comfortable, naturally fitting shoes for part of the day.

Nylon stockings can cause foot woes, too. Because nylon doesn't breathe it creates a warm, damp area around your feet, inviting fungal infections (athlete's foot). The abrasiveness of nylon combined with a tight-fitting shoe is a recipe for blisters. Even more detrimental are tighter fitting support hose.

Pregnant women should take special precautions with their feet. Pregnancy changes the entire body, but supportive, shock-absorbing shoes with broadbased heels help swollen feet and ankles to bear the weight of those changes. A podiatrist should be seen if unusual foot discomfort is experienced.

Fat pads on the bottom of the foot deteriorate as you age, so older women experience more foot trouble than younger women do. Cushioned shoes are crucial, as is a soft flexible upper that conforms to the natural shape of the foot. Wearing leather shoes that "breathe" help prevent skin irritations on the feet.

If you experience continued pain an examination by a foot and ankle specialist is in order. Attempts at self-treatment can cost you not only time and money, they might make the problem worse. Preventing foot problems can be as simple as a wardrobe change and a little extra care — a small price to pay to avoid the agony of "de feet."

*Dr.* Powers practices Podiatric Medicine and Surgery in Tucson and Green Valley. Call (520) 498-6467 for an appointment.

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## Military humor

During training exercises, a young lieutenant was driving down a muddy back road when he encountered another car stuck in the mud with a red-faced colonel at the wheel.

"Your jeep stuck, sir?" Asked the lieutenant as he pulled alongside.

"Nope," replied the colonel, coming over and handing him the keys, "yours is"

Having just moved into his new office, a new colonel was sitting at his desk when an airman knocked on the door. Feeling extremely conscious of his new position, the colonel quickly picked up the phone, told the airman to enter, then said into the phone, "Yes, general, I'll be seeing him this afternoon and I'll pass along your message. In the meantime, thank you for all of your good wishes, sir."

Feeling as though he had sufficiently impressed the young enlisted man, he asked, "Now, what can I do for you?"

"Nothing, sir," the airman replied, "I'm just here to hook up your telephone."



Courtesy photo

## **January Photo Caption Contest**

Davis-Monthan members are asked to try their hands at this week's photo caption contest. Send your clever, tasteful titles or creative ideas about what is happening in the photo (above) to <a href="mailto:desert.airman@dm.af.mil">desert.airman@dm.af.mil</a> by Jan. 17. The best submissions will be published in the Jan. 24 issue.

THE LIGHTER SIDE

The *Desert Airman* also seeks new, creative and interesting photos of members of the D-M community for later editions of the Photo Caption Contest. Please send all submissions and ideas to the *Desert Airman* staff at the previously mentioned e-mail address. For more information, call 228-5714.





Left, preliminary examinations are preformed on an individual wishing to be placed on the bone marrow donor list. Potential donors undergo blood tests and physical examinations after being chosen as matches by the Department of Defense Marrow Donor Program.

Right, Staff Sgt. Jennifer Lane, 355th Wing Administration, donates bone marrow in an attempt to help out a two-year-old recipient. If a donor had not been found, any common illness, due to resulting immunity problems, could have lead to the boy's death.



Courtesy photo

## **D-M Member donates for life**

In the news today, a majority of it seems to cover the negatives in the world; death, destruction, terrorism, murder, poverty and injustices. In December a Davis-Monthan Air Force Base NCO did her part to break that trend by helping save the life of a two-year-old boy after she was found to be a positive bone marrow match.

Staff Sgt. Jennifer Lane, 355th Wing Administration information manager, had a simple blood test in 1997 in order to have her name added to the Department of Defense bone marrow donor list. Lane was surprised when a call came in November to inform her that, out of more than 4 million donors, she was a match.

According to the Tucson Bone Marrow Center it is difficult to find matches for bone marrow transplants. Hospital doctors usually have the ability to test family members of a patient in need of a transplant. If a family member isn't a match, doctors can access the registry to find a possible donor.

Esteban De Anda

Staff Sgt. Shanda De Anda, 355th Wing Public Affairs, prepares to have blood drawn as one of the preliminary procedures before she can be placed on the marrow donor list. Once on the list, she can be called at any time to help save the life of someone in need.

However, after leaving the immediate family, the chances of finding a plausible donor in the registry are very slim.

"I had forgotten I was even on the list," said Lane. "But I was honored when the center called me. I felt like it was something you only see on TV as something other people are doing,"

After several blood tests and a complete physical examination, it was confirmed that Lane was a positive match. Lane was then put on convalescent leave and the DoD bone marrow donor center flew her to Washington D.C. Dec. 16 in order for her to complete the donation process. In addition, the center also bought a plane ticket for Lane's father to accompany her in the event she became ill during the procedure.

Upon arrival at Georgetown University Hospital, Washington D.C., Lane was informed of the medical procedures necessary to collect her bone marrow. The process of preparing her marrow for withdrawal in-

volved four injections of Filgrastim, a medicine that prepares the marrow for transplant, and took four days. Each day her blood pressure and white blood cells were monitored to make sure everything was running smoothly. The daily process took about an hour.

"The first day I was fine after the injection," said Lane. "We got to see some of the tourist sights in D.C., but the following day, after the second injection, I just slept."

On the third day Lane started to feel ill, but tried to fight through it. On the fourth day Lane was admitted to the hospital at 6:30 a.m. with symptoms of nausea and general sickness.

On the fifth day the actual donation process began. In order to

expedite the process, and due to the fact that Lane's veins were so small, they inserted a catheter into her jugular vein, a vein in the neck near the carotid artery. Transplanting the bone marrow took approximately four hours, after which Lane was released.

"I would absolutely, no questions asked, do it all over again. Knowing that I helped save a human life fills me with such a feeling of warmth that it's overwhelming. Through the last forty-eight hours, when I was feeling at my worst, I had no problems moving on with the process because I thought about the life that would start anew because of me."

According to Soky Peru, Tucson Bone Marrow Donation Center bone marrow recruiter, the process to become a marrow donor is very simple. "By giving a blood sample, a person's blood can be evaluated and their information is added to the anonymous system," said Peru. "Just by getting tested, a person can potentially save another's life."

"While we always need donors," Peru added, "We are currently experiencing an extremely high need for minority donors." According to Peru, more lives could be saved if a greater number of minorities were to become donors.

"Bone Marrow is something I would never miss physically by donating, but makes a lifetime of physical difference to another," said Lane. "The whole experience allowed me to slow down during these busy times and be grateful for the life that I live today."

According to Lane, in the event a match is made, a potential donor has the right to decline with no questions asked.

In a world where bombs, fires, earthquakes, tornadoes and hurricanes make the headlines on a daily basis, Lane has done her part to add a bit of happiness to the news. If you are interested in doing your part by becoming a marrow donor, contact the Red Cross Southern Arizona Chapter at 318-6740. (Courtesy 355th Wing Public Affairs)

#### **Fitness Center Classes**

The following is a list of classes offered at both fitness centers. Instructor name (if known) is in parentheses. Class fee is listed if applicable. Other classes are free.

#### Monday

9 to 9:45 a.m. – Water Aerobics – Low Intensity (Oralia) \$2 – New FC

10:30 to 11:30 a.m. – Body Sculpting (Jaiann) - 2 – New FC

11 to 11:45 a.m. – Water Aerobics – Medium/High Intensity – (Cor) – New FC

11 a.m. to Noon – Step Aerobics (Rumiko) – Haeffner Fitness and Sports Center

Noon to 1 p.m. - Spinning (Cor) – Haeffner 5 to 6 p.m. – Step Aerobics (Rumiko) – Haeffner 5:30 to 6:30 p.m. – Dang Soo Do (8-14 yr olds) – New FC 6:15 to 7 p.m. - Water Aerobics (Amy) - New FC 7 to 8 p.m. – Dang Soo Do (Adults) – New FC

#### Tuesday

8:30 to 9:30 a.m. – Senior/Low Impact Aerobics (Oralia) – \$2 - New FC

8.30 to 9.15 a.m. – Water Aerobics – Low Intensity (Cor) - 2 – New FC

10 to 11 a.m. – Kickin' Aerobics (Sarah) - \$2 – New FC 11 a.m. to Noon – High/Low Impact Aerobics (Rumiko) - \$2 – New FC

Noon to 1 p.m. – Circuit Training (Cor) – Haeffner 5 to 5:45 p.m. – Dang Soo Do (4-7 year olds) – New FC 6 to 8 p.m. - Kyokushin – \$25 per month - New FC 6:15 to 7 p.m. – Water Aerobics (Amy) - \$2 – New FC

#### Wednesday

9 to 9:45 a.m. – Water Aerobics – Low Intensity (Oralia) \$2 – New FC

11 to 11:45 a.m. – Water Aerobics – Medium/High Intensity – (Cor) – New FC

11 a.m. to noon – Pilates (Sarah) - \$2 - New FC 11:30 a.m. to 12:30 p.m. – Step Aerobics (Rumiko) – Haeffner

Noon to 1 p.m. – Glutz and Guts (Sarah) - \$2 – New FC Noon to 1 p.m. - Boot Camp (Spring) - \$2 - Haeffner 5 to 6 p.m. – Step Aerobics (Cor) – Haeffner 5:30 to 6:30 p.m. – Dang Soo Do (8-14 yr olds) – New FC 6:15 to 7 p.m. – Water Aerobics (Lifeguards) – New FC 7 to 8 p.m. – Dang Soo Do (Adults) – New FC

#### Thursday

8:30 to 9:30 a.m. – Senior/Low Impact Aerobics (Oralia) – \$2 - New FC

 $8{:}30$  to  $9{:}15$  a.m. – Water Aerobics – Low Intensity (Cor) - 2 – New FC

10 to 11 a.m. – Kickin' Aerobics (Sarah) - \$2 – New FC 11 a.m. to Noon - Pilates (Sarah) - \$2 - New FC Noon to 1 p.m. – Circuit Training (Cor) – Haeffner 5 to 5:45 p.m. – Dang Soo Do (4-7 year olds) – New FC 6:15 to 7 p.m. – Water Aerobics (Cor) - New FC 6 to 8 p.m. - Kyokushin – \$25 per month - New FC

#### **Friday**

 $8{:}30$  to  $9{:}15$  a.m. – Water Aerobics – Low Intensity (Cor) - 2 – New FC

10:30 to 11:30 a.m. – Yoga/Body Sculpting (Jaiann) - \$2 – New FC

11 to 11:45 a.m. – Water Aerobics – Medium/High Intensity (Cor) -  $2 - \mbox{New FC}$ 

Noon to 1 p.m. – Spinning (Cor) – Haeffner Noon to 1 p.m. – Step Aerobics (Rumiko) – New FC

5 to 6:30 p.m. – Dang Soo Do (Children) – New FC 6:15 to 7 p.m. - Water Aerobics (Cor) - New FC 7 to 8 p.m. – Dang Soo Do (Adults) – New FC

#### Saturday

10 to 11 a.m. - Step Aerobics (Rumiko) - \$2 - New FC 11 a.m. to Noon – Pilates (Sarah) - \$2 - New FC 11:30 a.m. to 12:15 p.m. – Water Aerobics (Cor)–New FC

Reminder: Active-duty members enrolled in the Fitness Improvement Program have priority in free aerobics classes (per AFI 34-266, para 3.4). Videos are available for check-out at the new fitness center for use in the aerobics room. For more information about fees and class charges, see the flyer at the fitness centers, or call 228-0021 or 228-0022.

#### **Sports Shorts**

#### **ACC** bowling championships

The Air Combat Command bowling championships begin Wednesday at Davis-Monthan Lanes. Four bowlers from the base qualified to compete in the ACC tournament ... they are: Carlos Acosta (men's scratch), Michelle Jackson (women's scratch), James Wilson (men's handicap), and Tara Rowden (women's handicap). The ACC tournament continues through Jan. 17. For more information, call 228-3461.

#### **Best of the West**

The 17th Annual Best of the West Hoop Classic basketball tournament is Jan. 17 to 20. Twelve teams are currently signed up to compete from across the Southwest. Games will be played at both fitness centers. This year's tournament is being co-sponsored by the base and Wells Fargo Bank. For more information, call 228-0021, or 228-0022.

#### **Varsity-level training camps**

Anyone interested in trying out for the following sports needs to submit an Air Force Form 303, to the fitness and sports center.

Wrestling – March 3 to May 6 at Mountain Home Air Force Base, Idaho (Form 303 deadline is Jan. 17)

Cross Country – There is no Air Force camp (only Armed Forces) ... (Form 303 deadline is Dec. 30)

Bowling – March 5 to 13 at Lackland Air Force Base, Texas (Form 303 deadline is Jan. 20)

Basketball – March 18 to April 3 at Vandenberg Air Force Base, Calif. (Form 303 deadline is Feb. 3)

Center officials highly recommend the Form 303 be submitted early. For more information, call Jay Junsay at 228-0021.

#### **Fitness Factoid**

Heart-pumping exercise - Like any muscle, your heart needs regular exercise to maintain its strength. In fact, health officials now consider physical inactivity a major threat to cardiovascular health, equal to smoking or high blood pressure. Physically active people generally have a lower risk of heart disease than inactive people; it is proven they live longer and more independently. (Courtesy of fitness and sports center)

#### **Boot camp class**

A new, intense, military-style class, under the leadership of certified instructor Spring Clegg, began Wednesday and incorporates elements of cardio, strength conditioning, speed and plyometric drills, circuit training, core strengthening and stretching. The class meets every Wednesday at noon in the Haeffner Fitness and Sports Center. The first class is free ... \$2 thereafter. For more information, call 228-0021.

#### **Tae Kwon Do classes**

Tae Kwon Do classes are being offered at the youth center. Space is limited. For fees and other information, call 228-8844.

42-86

High Game (Team): AMARC Woodmill

High Game (Men): Bill Simonar, 256

High Series (Team): AMARC Woodmill

#### **Scoreboard**

Dave	م دانا	Alley Kats	56-72
Bow	iing	Alley Angels	44-84
	•	High Game (Team): V	Vee Bee Bad, 496
OV	VC	High Game (Women)	): Arlene Cook,
(Wee	k 13)	208	
<u>Team</u>	<u>W-L</u>	High Series (Team): V	Vee Bee Bad, 1365
Shoulda Been	68-36	High Series (Women)	): Arlene Cook,
Bag Ladies	63-41	552	
M*S*P*	58-46		
Raspberries	56-48	CE Mixed Trio	
Alley Cats	56-48	(Week of Dec. 12)	
Forget About It	53-51	Team	W-L
Pin Heads	50-54	Brew Crew	31.5-20.5
High Game (Womer		The Cans	31-21
High Series (Womer	n): Sara Denzler, 550	Good, Bad & Ugly	30-22
		Sigma Five	25.5-26.5
Phanton	n Mixed	BJ's Bunns	25-27
(Week 14)		Cruisers	24-28
<u>Team</u>	<u>W-L</u>	Powerball	205-31.5
The Cajuns	69-43	Just-4-Fun	20.5-31.5
So So's	67-45		
Sangre Caliente	64-48	Intram	nural
Rat Pack	62-50	(Week	16)
Alley Oops	60-52	Team	W-L
Hit Or Miss	58-54	12 AF #1	84-44
Gutter Busters	54-58	755 OSS	82-46
		CPTS/MSS	71-57
Tuesday E	arly Risers	SVS #1	70-58
(Wee	•	25 OWS	68-60

SVS#2

CRS

43 ECS

COMM

12 AF #2

AMARC#1

EMS/AMMO

AMARC Woodmill

W-L

87-41

86-42

73-55

72-56

70-58

66-62

Sunflower Gals

Dream Catchers

**Bad Beavers** 

Hit and Miss

Aggravation

Wee Bee Bad

67-61

66-62

64-64

62-66

62-66

62-58

52-76

44-84

High Series (Men): Mike Donnestag,		
High Series (Women): 531	Maureen Niska,	
Thursday	Night	
(Week	16)	
<u>Team</u>	W-L	
PC's	76-52	
Shaka	75-53	
Mission Impossible	74-54	
May-Bees	74-54	
Man On	70-58	
PBJs	70-58	
Four Seas	66-62	
No Fear	65-63	
Strikes & Spares	60-68	
Caps and Cars	60-68	
Mickey's Mavericks	56-72	
Hot Chili Peppers	53-75	
FUBAR	52-76	
Ice Breakers	45-83	
High Game (Team): Str	ikes/Spares,815	
High Game (Men): Lloyd Lee, 287		
High Game (Women): 204	Marilyn Caporale,	
High Series (Team): Ma	an On, 2192	
High Series (Men): Lloy	/dlee 703	

High Series (Women): Marilyn Caporale,

DMAFB Pe	e We
(Week 1	(5)
<u>Team</u>	W-L
Pee Wee #2	23-1
Pee Wee #1	19-2
High Game (Boy): Cam,	, 119
High Game (Girl): Molli,	, 113
High Series (Boy): Cam,	, 234
High Series (Girl): Molli,	, 206
_	
DMAFB Ba	ntam

#### DMAFB Bantams

( 17)
<u>W-L</u>
43-25
42-26
27.5-40.5
23.5-44.5
Preps

(Week 1	7)
<u>Team</u>	W-L
3 Righteys and a Lefty	40-28
Pin Busters	34.5-33.5
Strikers Five	32-26
Double Trouble	29.5-38.5

DMAFB Juniors/Majors
(Week 17)

<u>Team</u>	<u>W-L</u>
One Pin Too Short	40.5-27.5
Hit'Em Up Boyz	40-28
Fireballs	40-28
Desert Strikers	35-33
The Roadrunners	33.5-34.5
Brunswick Bruins	30-38
Vacant Team	28.5-39.5
There's Been A Mistake	24.5-43.5

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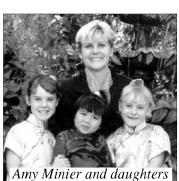


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#### INSPIRE GREATNESS



#### Special Olympics

Shop Your **COMMISSARY** during the month of January, 2003 for COUPON SAVINGS on P&G Brands! **Total Value: Over \$36!** 

Help build the contribution your Commissary and **P&G** will make to your local Special Olympics Chapter.\*

Save on special brands like:

Tide ♦ Pringles ♦ Old Spice Pampers ♦ Folgers ♦ Physique ♦ Downy

Charmin ♦ Cascade ♦ Metamucil ♦ Head & Shoulders

Bounty ♦ Dawn ♦ Secret ♦ Tampax ♦ Pantene ♦ Scope

Bounce ♦ Pepto Bismol ♦ Sure ♦ Always ♦ Cheer *Iams* ♦ Crest ♦ Pert ♦ Vicks ♦ Puffs

\*Maximum total donation is \$80,000. **THANKS** for doing your part to SUPPORT SPECIAL OLYMPICS!



## **NEW V6 GRAND VITARA SPORT UTILITY**

Air Conditioning, V-6 Engine, CD Player, Power Windows, Power Locks, Keyless Entry, Tilt Wheel, Crusie Control & More! Stock #S1239

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All rebates and incentives applied. Finance on approved credit for 72 months at 5.75%. Offers end in 3 days.

#### **Chapel Information**

Services and activities offered by the D-M chapel are listed below. Location is at the Desert Dove Chapel unless otherwise noted. The Desert Dove and Hope Chapels share the parking lot at 5385 E Ironwood. For more information on Jewish or Muslim services, Sunday School programs, Vacation Bible School, Bible studies, youth groups and women's, men's and family ministry, call 228-5411.

#### **Catholic Mass schedule**

**Saturday:** Mass is at 5 p.m. Sacrament of Reconciliation is at 4:30 p.m.

**Sunday:** Mass is at 7:30 and 10 a.m. Sacrament of Reconciliation is at 9:15 a.m.

**Daily:** Catholic Mass and Communion is at 11:30 a.m. at Hope Chapel. Rosary begins at 11:10 a.m

#### **Protestant Services schedule**

**Sunday:** Contemporary Service is at 8:30 a.m. at Hope Chapel. Traditional Service is at 11:15 a.m. Gospel Service is at 11:15 a.m. at Hope Chapel.

#### **Education Services**

#### MGIB transferability test program

The Montgomery GI Bill transfer program has been approved. Eligibility is only for the following Air Force speciality codes: officers 32E, 61S and 62E and enlisted 1N3XX, 3E7X1 and 3C0X2. Members must be category one MGIB and need to have completed at least six but not more then 12 years of active duty. If participating, members need to complete at least an additional four years of service. For more information, call Phil King at 228-4249.

#### **Air War College**

The course hold over AWC is currently processing the backlog of enrollments that were submitted over the last several months. AWC will send an e-mail advising students that they have been enrolled. For more information, call Phil King at 228-4249.

#### MGIB/VEAP conversion payment

Payment of \$2,700 must be made within 18 months of the day an individual signed the Department of Defense Form 2366. For retiring or separating individuals, finance does not make a pay reduction for the last month of active duty. Check your Leave and Earning Statement since the pay deduction may not have started until a month or two after the election.

#### Commissioning program changes

Effective immediately, Officer Training School will not accept any non-technical applicants until October. Non-technical applicants with class assignments are currently on hold until August. Rated and technical applicants may continue to apply. The Reserve Officer Training Corps is not accepting any non-technical applicants until 2005.

#### **Course 5 revision**

The Air University commander has approved transition of Air Force Senior NCO Academy Course 5 to Course 12. All students

enrolled on or after Aug. 28 will receive the new Course 12 materials starting in January. Students currently enrolled in Course 5 may continue until completed. Course 5 students will be allowed a one-time opportunity to switch to Course 12 when it is activated. Students will have 90 days from the Course 12 activation date to disenroll from Course 5 and enroll in Course 12. For more information, call Phil King at 228-4249.

#### **Family Support Center**

#### **Smooth Move**

There is a Smooth Move briefing Jan. 15 from 8 to 11 a.m. in Building 3200, Room 266 to help prepare individuals for a PCS assignment. For reservations, call 228-5690.

#### **Hearts Apart Pizza Party**

If your spouse is on remote, TDY or an extended deployment join the Hearts Apart group at Chuck E. Cheese for pizza, soda and games Jan. 18 from 11 a.m. to 1 p.m. For more details, or to register, call 228-5690.

#### **Baby Basics**

There is a Baby Basics program for expectant mothers Tuesday from 1 to 4 p.m. in Building 4220. Information is provided on basic infant care, growth and development. Free baby bundle is provided to Air Force mothers. For more information, or to sign up, call 228-5690.

#### **Playgroups**

The family support center offers Time for Tots Tuesdays from 9:30 to 10:30 a.m. It is an opportunity for children under the age of four years to play and sing with their parents and other children. Another playgroup is Funtime which meets on the first and third Thursdays of the month from 9 to 10 a.m. Children make a different craft each week. Both groups are held at the Desert Dove Chapel. For more information, call 228-5690.

#### **TAP Seminar**

There is a Transition Assistance Program Seminar Jan. 22 through 24 from 8 a.m. to 4 p.m. in Building 3200, Room 266. The seminar focuses on preparing departing service members to conduct an effective job search in the civilian marketplace. Individuals retiring are eligible to attend two years prior to their retirement. Others separating can attend within a year from separation. For reservations, call 228-5690.

#### **Deployment assistance**

The family support center Readiness Program has a variety of deployment assistance services available to family members when the service member is deployed including free weekly morale calls from your home, free monthly family activities, video teleconferencing and more. For more information, call 228-5690.

#### **Movies**

Movies begin at 7 p.m. unless otherwise noted. Admission is \$3 for adults and \$1.50 for children under 12 and senior citizens. Admission is for ID card holders and their guests only. For the theater movie recording, call 748-1157.

#### Friday: Extreme Ops (PG-13)

While taping extreme sports enthusiasts being chased by an avalanche in the Austrian Alps for a commercial, a film crew acciden-

tally records the secret hideout of a Serbian war criminal. Soon they become locked in a life-or-death chase through the mountains that includes skiing, snowboarding, sky diving, white water rafting, motorcycles and base jumping. *1 hour, 33 minutes* 



#### Saturday 2 p.m.: Santa Clause 2 (G)

Scott Calvin, who has been Santa Claus for eight years, has his world turned upside down when he discovers that he must marry by Christmas Eve. Desperate, he replicates a toy version of himself and leaves his double in charge. Things quickly go south at the North Pole when Santa 2 institutes some strange redefinitions of what's naughty and



nice, leaving the future of Scott's family, the North Pole and Christmas itself to hang in the balance. *1 hour*, *45 minutes* 

#### Saturday 7 p.m.: Emperor's Club (PG-13)

William Hundert is a passionate and principled Classics professor who finds his tightly-controlled world shaken and inexorably altered when a new student walks into his classroom. What begins as a fierce battle of wills gives way to a close student-teacher



relationship, but results in a life lesson for Hundert that will still haunt him a quarter of a century later. 1 hour, 49 minutes

#### **Sunday:** The Truth About Charlie (PG-13)

After her husband mysteriously turns up dead, Regina learns that he actually had assumed multiple identities and stashed away 6 million bucks. But where's the money? Soon there's a crew of thugs claiming that the loot is theirs and no one is who they seem. 1 hour, 50 minutes



#### **Other Base Happenings**

#### **Enlisted Spouses Association**

There is an ESA meeting Jan. 21 at the enlisted club. Business portion to begin promptly at 6:15 p.m. with social immediately following. This month's theme is White Elephant. Remember, children should not be present at meetings. For more information, call Dena Wakefield at 747-3461.

#### **Investing for the Future**

The Black Heritage Association hosts a financial seminar Jan. 24 from 11 to 1 p.m. in the Palo Verde Room at the officers club. There is a 50 guest maximum and all must sign up to attend. Cost, which includes a catfish buffet and drinks, is \$6.15 for members and \$8.45 for non-members. To sign up, call Tech. Sgt. Shonda Stripling at 228-5461.

#### **OSC/ESA** scholarship applications

Officers Spouses Club/Enlisted Spouses Association scholarship applications for the 2003-2004 academic vear are now available. There are three scholarship categories: graduating high school senior, continuing education and spouse scholarships. All applicants must be dependents of activeduty, retired, National Guard, Reserve or deceased members from any branch of the Armed Forces. Applications must be postmarked by March 1 and can be picked up at the officers and enlisted clubs, base library, family support center, education office, Thrift Shop and community center. High school seniors may also pick up an application from their school guidance counselor. For more information, call Cindy Scott at 514-1031.

#### **MLK Memorial Service**

There is a Dr. Martin Luther King Memorial Service Wednesday at 11:30 a.m. in the Hope Chapel. Chaplain is Arthur Tigney.

#### **Piano lessons**

Adult and youth piano lessons are offered at the community center Mondays through Wednesdays and Fridays. Weekly lessons are \$55 a month for 30-minute lessons or \$65 a month for 45-minute lessons. For more information or to schedule lessons, call Ludy Salvatus at 572-8871 or 228-3717.

#### Airman's attic

The airman's attic, located on the second floor of Building 3220, is open Mondays and Thursdays from 4 p.m. to 6:30 p.m. They are in need of furniture, maternity clothes, kitchen items, tools and serviceable BDU's. For more information, call 228-4098.

#### **Thrift shop**

The D-M Thrift shop, located across from the Bowling Alley, is open Tuesdays and Wednesdays from 9 a.m to 2 p.m. Consignments are taken until 1 p.m. To reserve space for large items and furniture, call 228-2120.

#### Pet adoption

Dogs are available for adoption every weekend. For more information on location and times, call 977-8641.

#### **IDEA Program**

The Innovative Development through Employee Awareness is a way for members to submit ideas to improve processes, products or equipment in the interest of national defense. An IDEA can be worth a monetary reward. While one individual is designated the primary contact and completes the submission, any number of people may collaborate on an idea. An IDEA can only be evaluated one time at base level. Coordinate with another agency if more information is needed before inputting your evaluation into IPDS. For more information, call Robin Perry at 228-4332.

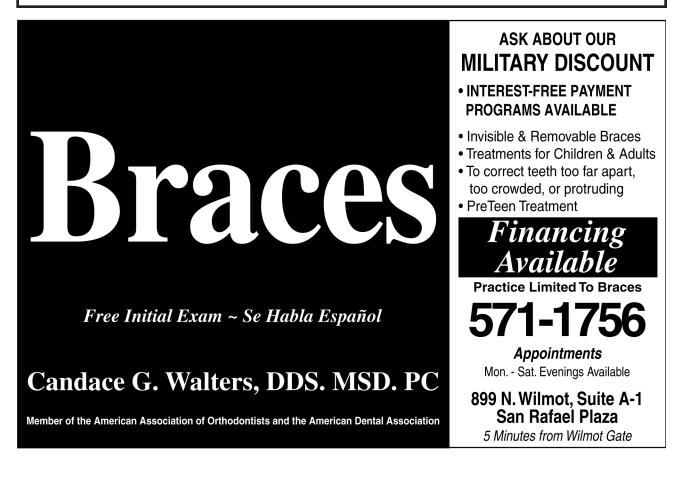
#### **Fort Lowell Shootout**

Volunteers are desperately needed for the Fort Lowell Shootout, the largest youth tournament of its kind in the United States. Every January, more than 4,000 youth soccer players between the ages of eight and 16, gather for the showdown at the Shootout. Volunteers are needed Wednesday through Jan. 19 for a variety of jobs including construction and concession stands. To volunteer, call Cathy Nicholson at 626-3114, 498-0757, 444-8625 or email: <a href="maryn@u.arizona.edu">maryn@u.arizona.edu</a>.

#### **SACASA volunteers needed**

The Southern Arizona Center Against Sexual Assault is seeking caring, compassionate and motivated people to become Crisis Advocates. Bilingual advocates are desperately needed as well. SACASA provides a range of services to victim/survivors of sexual assault, including crisis intervention, counseling and community education/outreach. Support is also offered to friends, family members and significant others of survivors of sexual assault. A wide variety of volunteer opportunities are available. For more information, call Lily De Santiago at 327-1171 ext. 114 or e-mail at <a href="mailto:ldesantiago@sacasa.org">ldesantiago@sacasa.org</a>.

#### CALL TO PLACE YOUR AD IN OUR NEXT ISSUE! 623-9321





Desert Airman Jan. 10, 2003

## Desert Airman Classifieds

#### Misc. for Sale

Free 10 gallon fish tank with filter & pump. Please call Tammy or John Cook at 747-7215.

7 Foot Pool Table with ball return and Ping Pong table top, 1 Year old. Both for \$250.00. Ted Griffiths 546-1778, leave message

Diamond engagement ring, 0.76 carats, round, color G, SI1 clarity, set in a six prong tiffany style mounting, platinum band. Appraised at \$5.500.00, papers included. Call Becky at 529-4581.

Smith & Wesson Ladysmith .357 model 65, 4 inch barrel, stainless steel. Includes original rosewood grips, and aftermarket "Uncle Mike's" grips and holster. Great dependable and valuable gun. \$350 obo call 790-0958.

LITTLE TYKES red push car \$25. TREK BABY JOGGER with bicycle attachment and stroller conversion \$350. FULL SIZE ARCADE VIDEO GAMES: Sega Out-Run and Super Sega Hang-On (need some work, good for the electronic wizard) both for \$500. Call 731-1755.

Baby crib/Youth bed w/mattress & bedding \$150. Call 520-760-8873.

Toshiba Laptop 2065 CDS, 366 MHz AMD K6-2 processor with 3DNow, 4 Gig HD, 64 megs of ram (expandable), new battery, USB Port, 56k Modern, Win 98, Software & Manuals, \$350 Please Call: 990-9702.

400 mhz AMD K6 Computer, 10 GIG Hard Drive, 192 Megs of ram, 48 spd CD Rom Drive, A Drive, 56 k Flex Modem, Speakers, Epson Color inkjet Printer, Software, Manuals, Wheel Mouse, Ergo Keyboard, 13" Monitor (new), \$350, Please Call 990-9702

9PC Pearl Export Drums. Black with Hardware. Zildjian Cymbals with Bag. Two Hats. Two Crashes. China and Ride. DW5000 Pedals. Stick Bag. Drum Throne. \$1,300 OBO. Call 741-7755.

For Sale Wide Body Aluminum Golf Cart with many features, Brand New Still in the box, never been used. Paid \$50 sell for \$15 Call Michelle 514-9713.

Like-new PRO-FORMA pwr treadmill. Speed/incline control, time/ distance/cal-burning displays, upper-body wkout arms w/adjustable resistance, mag rack, cup hldrs, safety shutoff. Used under 10 times. Fully assmbld w/free surge suppressor. \$350, call Greg or Chris, 745-5228.

Standard size pool table with accessories, like new \$500.00, Bunk bed, bottom futon, white \$150.00 574-0063. 1/10 1T/P.

White crib \$20 obo and baby boy clothes sizes NB to 24 m various selection all clothes for \$5 call 731-2564. 1/10 1T/P.

Lawn care supplies Lawn mower weed wacker rack hoes shovels etc. Every thing 1 yr or less. Great Shape \$150 for whole lot call 731-2564 1/10 1T/P.

AB DOER, never used \$25. Evenflo infant car seat, like new \$25, Costco car seat for children 1 yr and 22 lbs and up, \$30 514-7564. 1/10 1T/P.

#### Cars and Trucks

1982 Olds Cutlass Supreme, 100K miles, runs well but needs some work. Looking for \$500.00 OBO. Interested, call Capt Knox at 358-7702

Take Over Payments-2001 F-150 stepside sport XLT. White w/grey interior.A/C, Cassette & Multidics player, pwr windows, pwr locks, cruise control. Still under warranty. Need to get rid of before PCSing to Japan. For more info. call Jose @ 514-1971.

1996 Mercury Mystique, 4dr, 82k, runs great, am/fm cassette tint, all maint. records, ac, pdl, pw, \$3200, call 584-8406.

2002 Ford Ranger Edge V6 standard, black, Standard cab,step-side, cd/mp3 player, cruise control, tilt, only 13,000 miles, newly-wed—must sell! \$12,500 (pay-off) 990-5847

1982 Olds Cutlass Supreme, 100K miles, runs well but needs some work. Looking for \$500.00 OBO. Interested, call Capt Knox at 358-7702

1995 Jeep Grand Cherokee Laredo 4WD Maroon Automatic 4.0 6 cyl Loaded CD Player Pwr Windows/Locks Tow Package Alarm System Great Condition \$5999 obo call 572-

1991 Chevy Astro Van Ext., 115k, runs great, am/fm cassette tint, all maint. records, ac, pdl, pw, \$3800, call 584-8406.

1968 Ford Mustang. Red 2-door coupe. Fully restored. All original. Runs and looks great. \$7,000 OBO. Call Tom at 403-8956 and leave message.

2000 FORD F-150, V-8 5.4 ltr, AutoTrans, Power Steering, 4 WHEEL ABS, Power Door Locks, Power Windows, Tilt Wheel, Cruise Control, AM/FM Cassette, Premium sound, Dual Air Bags, Power Seat, Sliding Rear Window, Camper Shell, Towing Package, Premium Wheels, 4 door, Rear Bench 60/40 split, tan interior, one owner, immaculate condition inside & out, 29000 orig miles. \$ 19,300. Please Call 977-2619 or 990-

2000 Ford Excursion Limited \$27K OBO. White, 38K, and includes a 6 disc CD changer and towing package. Call 748-

'88 Bronco II 4 WD, New tires, heads \$2,000.00 obo 400-8465. 1/10 1T/P.

White 1998 Toyota Camry LE V6 cold A/C Hot heater power windows great gas mileage excellent condition asking blue book value call for details moving soon call 731-2564.

'78 Chevy Cheyenne, 1 ton truck 454 V8, cold A/C, automatic with camper shell \$2500 obo, 574-1289 leave message.

92 Suburban, 84,700 miles, rear air, tow package, tint, DC, new 33" tires W/ 3" body lift, all power, runs drives and looks excellent, KBB retail over \$13000, Asking \$11500 OBO, 514-7564.

#### Motorcycles

02 Honda CBR 600 F4i, red/silver, 1,900 miles, 5 year full warranty, 2 bro pipe, helmet, jacket and more. \$8,200. 250-7061.

2000 Kawasaki ZX-9R. Extremely fast and very clean, with only 3600 miles. Completely stock, other than tinted wind screen. Bike is on base and can be seen anytime. Motivated seller!! Let's make a deal. Asking \$5995.00 OBO Call 514-0663.

1999 Black Harley-Davidson Dyna Superglide. Too many genuine H-D accessories to list. Dealer maintained. \$12,700. 790-0898 or 245-9441

2000 Yamaha YZF-R6, blue and white, 3000 miles, tank bra, 2 helmets, and other accessories included, new battery, garage kept, \$6300 firm. Call 296-8033.

1999 Kawaskai ZX-6R, green/purple/white, 4200 miles, jetted for AZ, performance upgrades, garage kept, new battery, helmet and other accessories included, \$5250. Call 296-8033.

2001 Suzuki VL1500. Perfect shape, to many extra's to list. 4k miles. \$9000 OBO. 745-8059 or 405-2506

#### **Motorcycles**

2001 Honda Shadow 1100cc Motorcycle Electric Start Cruise Control Sissy Crash bass black only 1300 miles \$5,500.00 Call 750-1462 Paid \$8,000. 12/20 1T/P.

1999 Cagiva Gran Canyon 904 cc Ducati engine. Only 4550 miles. Garage Dent Crivi top box. GPS Mount. Short and tall windshield \$6200.00 Contact Dan at H: 296-7495 or W: 694-7404. 1/10 1T/P.

#### **Pets**

Inseparable full breed male cocker spaniel and spayed/declawed female cat. Both very playful. Shots current, accessories included. \$250. Call Fernando or JoAnna. 615-7871.

Free to good home. Very friendly, neutered 6 month old male house cat. All supplies included. Please call 571-0036

Pit Bull Puppies 4 M/ 3 F \$200 EA, Parents on site, 319-5762, leave message if no answer.

Pet carrier Airline Approved Asking \$5 small light blue perfect for small to medium sized cats or toy size dogs. Please call 731-2564 Anytime.

#### Lost and Found

Gray car cover, no specific details. Found on 28 December 2002 in the vicinity of Base Operations. To claim, call TSgt Jeff Buege @ 519-1029. Be prepared to describe cover and distinguishing facts associated with it.

#### **Garage/Yard Sales**

Huge Moving Sale! Saturday January 11 at 7 a.m. 2428 Albro Blvd Clothes, Computer games, Household goods, Toys, and much more!!!

#### Furn. & Appliances

Tan/Beige Sofa and Love seat; excellent condition one year old \$400; glass coffee table \$50 or best offer. Please call 886-6329 to see after 5:30 p.m.

Seafoam Sofa \$50, White Washed End Tables \$30, White Washed Entertainment Center \$50, Lamps \$30, Day Bed \$50, Toddler Bed \$15, Pack And Play \$40, Double Stroller \$75, Baby Swing \$40 Call 584-1070.

Moon/Star Toddler Bed-great condition, \$35. Call 571-1660

#### Furn. & Appliances

Mattress local trucking company has a truck load of mattress all name brands, Certa, Sealy, Stern & Foster, full, queen, cow kings \$195.-\$595. Call Dan 906-7174. 1/ 10 8T/P.

Sofa love seat black, 5 piece dinning set, JPC type deck, \$400. obo, 444-8103. 1/10 1T/P

1 couch, 1 loveseat, and a 5 piece dinette table w/chairs. All are in a black finish and in good condition. We're asking \$400 o.b.o. I can be reached at the following telephone number: 520-751-0042. My cell number is 520-444-8103. 1/10 1T/P.

MUST SEE!! King Mattress set, like new condition \$185. King Mattress just top excellent condition, good quality \$125. Queen Mattress set, quilted, \$150., Full size Mattress set \$125., Both Brand New 573-6950.

#### Daycare

DAYCARE AVAILABLE, 5:30 am-4:30pm M-F, DES, USDA cert, CPR & First Aid. Infant thru 12 yrs. Free meal. 886-1419. Houghton & Golf Links. 12/20 2T/P.





To Our Nation's Finest:

On behalf of the management team and employees of TriWest Healthcare Alliance, I want to express my regrets about the recent theft of computer equipment from a TriWest facility in Phoenix, Arizona on December 14, 2002.

This is a matter of grave concern to everyone in our company and throughout the Military Health System. We have been working around the clock, in cooperation with the military's health leadership, to notify the TRICARE Central Region beneficiaries of precautionary measures they can take to help protect themselves against potential fraudulent use of their personal information.

TriWest is working with the Defense Criminal Investigative Service, the FBI, and other local, state and federal law-enforcement agencies to identify, apprehend and prosecute those responsible for this crime. To provide them with an additional tool, we have posted a \$100,000 reward for information leading to the arrest, prosecution and conviction of those involved. Please call Silent Witness at 1-800-343-TIPS if you have any information concerning this crime.

I am pleased to report that TriWest continued without interruption to provide our beneficiaries in the Central Region with access to health care services.

My mission, and that of all TriWest employees, is to provide our beneficiaries with the highest quality service. We will strive to do "whatever it takes" to retain your trust in our ability to provide all TRICARE stakeholders—beneficiaries, providers and the Department of Defense—with the finest in customer service.

Sincerely,

David J. McIntyre, Jr.

President and CEO

**Desert Airman** Jan. 10, 2003

## DESERT AIRMAN CLASSIFIEDS

#### **Homes for Rent**

3br, 2 ba, immaculate, comm pool, 1700 sf, dual cooling, cov patio, Harrison & Golf Links. 10011 E. Falcon Point Dr. \$1025.00

Brand New! Lovely Rita Ranch, 3 bed, 2 bath, 2CG, all appliances, pets negotiable, security system, desert landscaping, fireplace. MUST SEE! \$950 neg. Call Angel. Day - 228-9268, Evening - 574-0563

3bd, 2ba Home, 30 min. south. New, 1300sqft, new appliances PLUS: New schools, Lake, Healthclub membership w/private waterpark, heated year-round pool, clubhouse, tennis/b-ball courts, \$1100/mo, 748-0888; 271-

3 BR, 2 BA Immaculate Semi custom Home near DMAFB, Great Neighborhood and schools large walled back yard, with patio all new paint and carpet \$975.00 mo. 218-5308 pager also available 3 BR, 2 BA \$875.00 3 BR, 1 BA \$775.00. 12/20 4T/P

4 bd 2 bt F/P, W/D, yard, dual cooling Campbell Glenn area \$1125 mo. 320-1738. 1/10 1T/P.

2 BD, 1 BA, Swan/Craycroft. Large kitchen, central AC/heat, new carpet, private yard, ramada, washer/dryer, covered parking, storage shed, quiet neighborhood, cat OK, many extras, yearto-year lease. \$700/mo. 661-6222. 1/10 1T/P.

4 bd, 2 ba, pool, lg. lot, desirable Rita Ranch, washer/dryer, refrigerator, microwave, walk to Purple heart Park. 7914 S. Castlebay St. \$1400/mo. 360-3640 leave message. 1/10 1T/P.

#### **Duplexes for Rent**

Large 3 bd, 1 ba, Speedway, Alvernon area, washer/dryer, fenced yard, storage, \$695/mo. 760-0347

#### **Roommates Wanted**

Roommate wanted, to share 1500 sq feet house with pool close to Golf links/Harrison, \$350 month +1/ 2 utilities. Call Tony 975-9476.

"Share secure Eastside home with single woman/mother only. Located next to great elementary school. \$450.00 month, includes utilities. Available immediately. Private entrance to available room. 296-5534. 1/10 1T/P.

#### **Townhomes for Rent**

3 bd, 2 ba, Near DMAFB Kolb/ Escalante, new paint, A/C, evap, stove/refrig, laundry room, fenced yard, no pets, carport, \$725/mo. \$300, deposit refundable, \$100, cleaning fee. 520-886-4826.

#### **Employment Opps.**

#### Work From Home

Simple system that works. Make money using a computer and the internet

www.wisedreams.com/?refid=8787 12/13 4T/P.

Like to Decorate? Learn & Earn. Demonstrators needed for Home & Garden party, named as one as best new Party Plan Opportunities. Many benefits, potential free kits for limited times, Call Mary 520-762-8505. 1/10 1T/P.

#### Computers





#### **Cancer Treatment Research Foundation**

#### Skin Cancer: The Most Common Cancer

Skin cancer is the most common kind of cancer today. There are an sunlight for extended periods of time estimated 300,000 to 600,000 cases of melanoma and non-melanoma skin cancers. While it is the most common of cancers, it is also one of the most curable forms of cancer.

against skin cancer. The following are important measures to take in the prevention of skin cancer:

- Wear spf 30 or higher when exposed to the sun
- of your skin while in the sun
- · Locate shaded areas when in Sun tanning of any type should be avoided
- Protect the head, face, neck and eves at all costs
- · Schedule outdoor activities Prevention is the best fight when UV levels are minimal, such as in the early morning or late afternoon.

#### Cancer Treatment Research Foundation

3150 Salt Creek Lane, Suite 118 Arlington Heights, IL 60005 • Wear clothes that cover much (888) 221-CTRF http://www.ctrf.org

a CFC participant

#### Services

Save up to 57% on monthly bills. FREE, Non-profit debt help. Be treated with honesty, understanding & respect. CareOne 1-800-845-1484 (toll-free)

www.careonecredit.com

Now Open Liberty Tax Service, 22nd and Craycroft, Military discount fast tax returns, E-filing most refund loans next day. Great customer service 790-8829. 1/10 1TP.

Attention Families of Deployed E4 and Below, 50% off tax preparation fees, refund loans next day, we appreciate your sacrifice. Liberty Tax Service 22nd and Craycroff 790-8829. 1/10 1T/P.

#### Relaxation



We're within walking distance of a cure. Please join us.



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Discounts to active and retired military personnel and dependents and to active and retired civilian employees and dependents

100,000 MILE WARRANT



Add only tax, license & \$149.75 doc fee. All rebates and incentives applied. Finance on approved credit for 72 months at

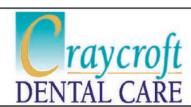
10.95%. Owner loyalty for current or past owners or lessees of new '97-'01 Kias. All offers end in 3 days.

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· Gentle & Caring

#### SPECLAL!

Teeth Whitening Only \$195

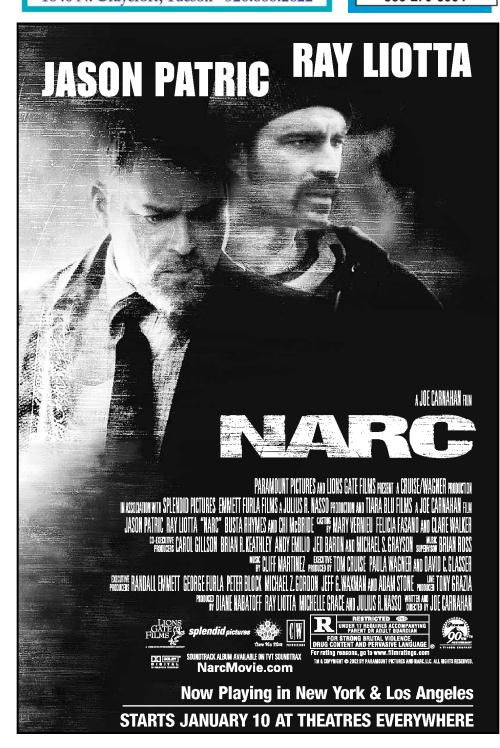
 Brighten yellow teeth • Virtually eliminate coffee, tabacco, & tea stains! Regular value of \$399. Call for complimentary consultation appt. & more details.

1840 N. Craycroft, Tucson • 520.886.2822





Terry Foust, CMS, Ret., USAF Long Realty 800-279-5664







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3-4 Bedroom Homes, 1408-2198 Sq. Ft.

PRICED FROM \$ 133,450

PLAN SHOWN PRICED AT \$139,450

## GOLD MEDALLION III PLAN #66

Approximately 1752 sq. ft. 3BD, 2BA, Family room, LR, DR

578-3468



## MESQUITE RANCH INAUGURAL

2-4 Bedroom Homes, 1024-1581 Sq. Ft.

PRICED FROM \$ 126,950



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### JENNIFER MEADOWS

2-4 Bedroom Homes, 1024-1581 Sq. Ft.

PRICED FROM

\$114,450

PLAN SHOWN PRICED AT

\$**122,450** Cholla Plan #91

Approximately 1297 sq. ft. 3BD, 2BA, nook & laundry room.

886-9256



#### 4 PARAISO

2-4 Bedroom Homes, 1027-1581 Sq. Ft.

PRICED FROM \$95,950

PLAN SHOWN PRICED AT

\$107,950

Ocotillo
Plan #92

Approximately 1495 sq. ft. 3BD, 2BA, Family Room,LR, DR, Optional 4th BD.

807-5207





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